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Tiago Torres is Professor of Dermatology at the Instituto de Ciências Biomédicas Abel Salazar, University of Porto. Currently, he is the Head of the Psoriasis Unit and the GALEN-ADCARE center for atopic dermatitis of the Department of Dermatology of Centro Hospitalar Universitário de Santo António, Porto.

Through the years has been principal investigator for several psoriasis and atopic dermatitis clinical trials, and has been involved in the development of national guidelines for the treatment of psoriasis and atopic dermatitis and

Currently, he serves as Associate Editor of Acta Médica Portuguesa and Drugs in Context, Co-editor of Portuguese Journal of Dermatology and Venerology and belongs to the editorial board of Drugs, Journal of European Academy of Dermatology and Venereology, Journal Dermatological Treatments, Journal of International Medical Research and the Foundation René Touraine's e-Book "Therapeutics In Dermatology".

Tiago Torres has been a founding member of the Portuguese Atopic Dermatitis Group, is the president of the Portuguese Group of Psoriasis, is the president-elect of Skin Inflammation & Psoriasis International Network (SPIN), member of Group for Research and Assessment of Psoriasis and Psoriatic Arthritis (GRAPPA) and an International Psoriasis Council (IPC) and International Eczema Council (IEC) councilor.

Tiago Torres has published more than 150 articles on psoriasis and atopic dermatitis, has been the editor of the Portuguese book "Psoriasis and Psoriatic Arthritis". His main research topics in dermatology are immunodermatology, immunology and immunopharmacology of psoriasis and atopic dermatitis.