



Helen He, MD

Helen He, MD, is assistant professor in the Department of Dermatology, director of Lasers and Cosmetic Surgery, and co-director of Mount Sinai-Clinique Healthy Skin Dermatology Center at the Icahn School of Medicine at Mount Sinai in New York, NY, USA.

Dr. He specializes in cosmetic and medical dermatology, with an expertise in inflammatory skin diseases like eczema. Her research is focused on studying the molecular mechanisms of inflammatory skin diseases and skin aging, with the goal of developing new targeted therapeutic strategies.

She has published extensively in high-impact journals on molecular phenotyping of atopic dermatitis, using minimally invasive sampling techniques like tape strips.

Dr. He received her bachelor of science degree in biological engineering at the Massachusetts Institute of Technology in Cambridge, MA, USA, and her doctor of medicine degree at Mount Sinai. Dr. She completed her dermatology residency at Mount Sinai, where she was funded by a T32 NIH research training grant.